COURSES ARTICLE - THERAPYTOOLS.US

Print Test

1. Rebuild positive self image associated with the broken relationship is a long term goal.

   True
   False

2. Agree to attend, and participate in conjoint sessions with spouse or significant other is a short term goal.

   True
   False

3. Identify and list positive aspects of present relationship is a short term goal.

   True
   False

4. Identify and list the causes for past and present conflicts within the marriage or relationship is a long term goal.

   True
   False

5. Help the acceptance of the termination of the relationship is a short term goal.

   True
   False

6. Help develop the necessary skills for effective, open communication is a short term goal.

   True
   False

7. Help develop mutually satisfying sexual intimacy, and enjoyable time for companionship within
the relationship is a long term goal.

True
False

8. Identify and list his or her own role in the conflicts and the changes that must take place to improve the relationship is a short term goal.

True
False

9. Identify and list the changes needed to improve the relationship is a long term goal.

True
False

10. Help makes a commitment to attempt to change specific behaviors that have been identified by self or other as problematic is a long term goal.

True
False

11. Increase the frequency and quality of the communication with spouse or partner is a short term goal.

True
False

12. Decrease critical complaining by learning how to reframe each complaint into a polite request is a short term goal.

True
False

13. Increase awareness of his or her own role in the relationship conflicts is a long term goal.

True
False

14. Increase respect for significant other in the relationship is a short term goal.

True
False

15. Learn to Identify and list escalating behaviors that lead to abuse is a short term goal.
16. Help make a commitment to one intimate relationship at a time is a long term goal.

17. Help verbalize thoughts and feelings regarding the relationship in a direct, non aggressive manner is a long term goal.

18. Identify and list and express expectations both partners have for the relationship is a short term goal.

19. Recognize own responsibility to meet some needs of significant other in the relationship is a short term goal.

20. Teach conflict resolution techniques to resolve issues reasonably is a short term goal.