Print Test

1. Borderline personality disorder (BPD) is a serious mental illness characterized by pervasive instability in moods, interpersonal relationships, self-image, and behavior

   True
   False

2. People with BPD suffer from a disorder of?

   regulation regulation
   thought regulation
   emotion regulation
   mental regulation

3. BPD is less common than schizophrenia or bipolar disorder, but more is known about BPD.

   True
   False

4. BPD affects ___ percent of adults, mostly young women.

   4
   6
   8
   Not Listed

5. There is a high rate of self-injury without suicide intent, as well as a significant rate of suicide attempts and completed suicide in severe cases.

   True
   False

6. Patients BPD rarely need extensive mental health services, and account for ___ % psychiatric hospitalizations.
7. A person with BPD may experience intense bouts of anger, depression, and anxiety that may last only hours, or at most a day.

True
False

8. Which is not one of the 9 symptoms of Borderline Personality Disorder?

Unstable relationships
Unclear or unstable self-image
Self-destructive behaviors
Occasional feelings of emptiness

9. People with BPD often have highly stable patterns of social relationships.

True
False

10. Which is not a symptom to look for in Borderline Personality Disorder?

Feels others are treating him or her
Intense anger
Chronic feelings of excitement
Low self-worth

11. BPD often occurs together with other psychiatric problems, particularly bipolar disorder, depression, anxiety disorders, substance abuse, and other personality disorders.

True
False

12. _________ percent of Borderline Personality Disorder patients report having been sexually abused.

30-35
40-50
20-40
Not Listed

13. Within the past 15 years, a new psychosocial treatment termed dialectical behavior therapy (DBT) was developed specifically to treat BPD.
14. Which is not a chemical messenger in these circuits that play a role in the regulation of emotions?

- dopamine
- serotonin
- acetylcholine
- norepinephrine

15. Antipsychotic drugs are ineffective when there are distortions in thinking.

- True
- False

16. Although the cause of BPD is unknown, both environmental and genetic factors are thought to play a role in predisposing patients to BPD symptoms and traits.

- True
- False

17. Which is not a common co-occurring disorder with Borderline Personality Disorder?

- eating disorders
- psychoticism
- substance abuse
- anxiety disorders

18. Forty to 71 percent of BPD patients report having been sexually abused, usually by a non-caregiver.

- True
- False

19. Which is not an impairment in interpersonal functioning?

- anxiousness
- empathy
- Intimacy
- hypersensitivity

20. Antagonism is anger or irritability in response to major slights and insults.

- True
- False